

BEST PRACTICE CATALOG

Project Title: **UNDERSTANDING PEDOPHILIA – A THERAPY GROUP FOR PEDOPHILES**

Function Category: ☒ PATIENT-FOCUSED ☐ ORGANIZATION ☐ STRUCTURES

Subcategory: **Care of Patients**

Heading: **Programming**

Key Word(s): **Pedophilia**

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Purpose: To enable group members to understand their behaviors, accept responsibility, develop victim empathy, and a workable relapse prevention plan.

Brief Description: This group utilizes group interaction to gain insight into the problem, understand how society views pedophilia and the reasons for their perceptions. The group also has a psycho-educational component to develop a better understanding of the relapse process and the specific steps that can be taken to prevent relapse. Patients must have an Axis 1 diagnosis of Pedophilia or have committed offenses of a sexual nature against children, and are expected to have symptoms sufficiently in remission to be able to process group material.

Selection Basis/Criteria:

The following items are available regarding this Best Practice:

☐ Photographs ☐ Video Tape ☐ Drawings ☐ Manual

☐ Other : _____

DATE SUBMITTED: **October 16, 1998**